



The Stone Soup Leadership Institute's
 Story of the Week: Brother Steindl-Rast, Thanksgiving
 Week of November 19- November 26, 2022



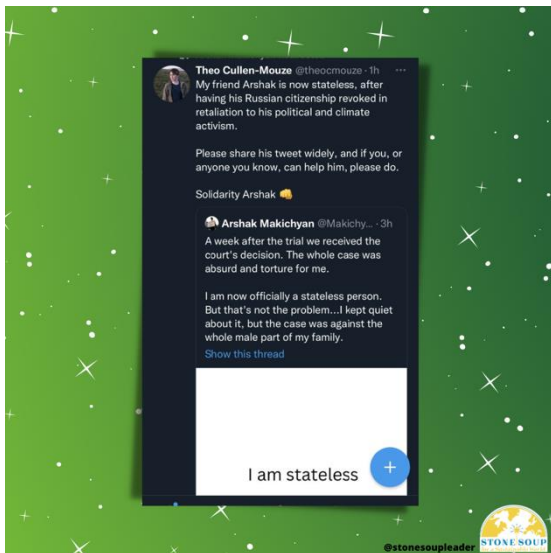
Sunday: Story: Brother David Steindl-Rast

Brother David is a champion for gratitude. An extraordinary moment that brought a peaceful conclusion to a confrontation between police & demonstrators came about because of the courage & conviction of one man. Read the inspiring story here: <https://stonesoupleadership.org/wp-content/uploads/2021/11/story-brother-steindl-rast.pdf>

@GratefulnessOrg

#DavidSteindlRast #ThichNhatHanh
 #gratefulforthislife #findingthejoyineveryday
 #joyfuljourney #beingthankful #journeytohappiness
 #donttakelifeforgranted #whatareyouthankfulfor
 #thankfulquotes #gratefulhearts #happinessisthekey
 #gratefullife #findthejoy #gratitudeisthebestattitude

#meaningfullife #bethankfuleveryday #yourbestlife #gratefulforlife #blessedbeyondwords
 #thankfulandblessed #gratitudedaily #findyourjoy #createyourownhappiness #feelingthankful
 #dailygratitude #findjoy #blessingsonblessings #gratitudeattitude #blessedandgrateful

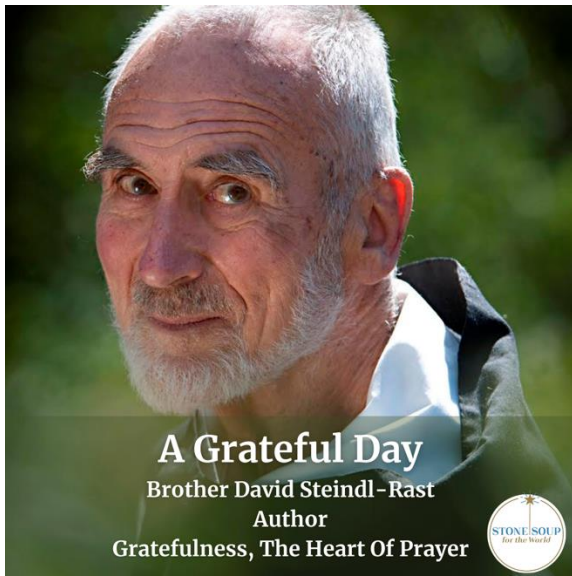


Monday-Arshak

We're #grateful for the courage, dedication & leadership of young activists like #ArshakMakichyan. Follow him & let him know he's not alone.

@Makichyan.arshak

#AntiWar #Ukraine #EndTheWar
 #FridaysForFutureRussia #Russia #YoungHero
 #ClimateActivist #RussianActivist #MakichyanArshak
 #BeTheChange #StoriesThatMatter #PositiveThought
 #Ukraine #UkraineNews #UkraineWar
 #ArshakMakichyan #Stateless #UkraineNews
 #Mobilization #UkraineToday



Tuesday: A Grateful Day Video

WATCH Brother David's beautiful video: "There's really only one #song & it's the great song, the cosmic song, the song that all things & all animals & all plants & all humans sing in their deepest heart..."

#DavidSteindlRast.

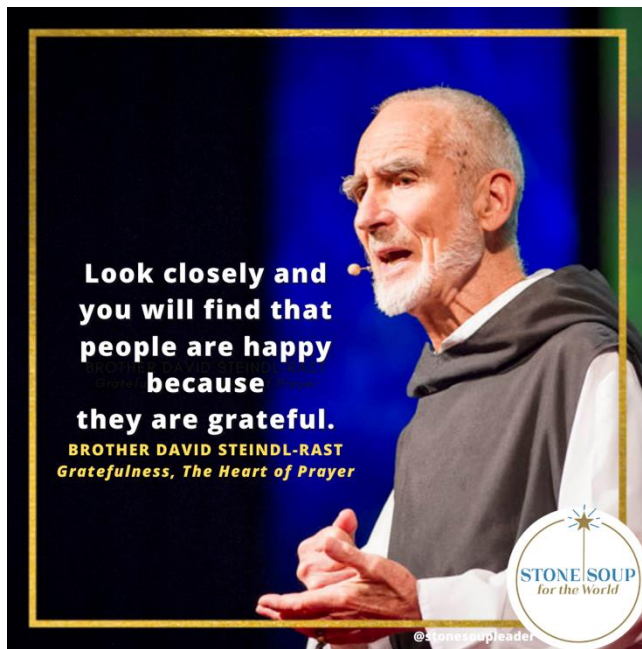
@MichaelStillwater

@GratefulnessOrg

#DavidSteindlRast #joyfuljourney#gratefulforthislife
 #findingthejoyineveryday #joyfuljourney
 #beingthankful #journeytohappiness
 #donttakelifeforgranted #whatareyouthankfulfor
 #thankfulquotes #gratefulhearts #happinessisthekey

#gratefullife #findthejoy #gratitudeisthebestattitude #meaningfullife #bethankfuleveryday #yourbestlife
 #gratefulforlife #blessedbeyondwords #thankfulandblessed #gratitudedaily #findyourjoy
 #createyourownhappiness #feelingthankful #dailygratitude #findjoy #blessingsonblessings
 #gratitudeattitude #blessedandgrateful

https://www.youtube.com/watch?v=zSt7k_q_qRU&t=5s



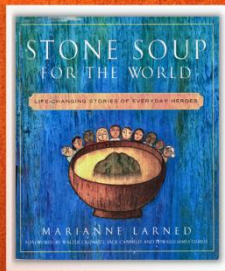
Tuesday: 2nd post

Thanksgiving week is a good time to reflect on #gratitude. What are YOU #grateful for? Share your comments here!

@GratefulnessOrg

#DavidSteindlRast
 #joyfuljourney#gratefulforthislife
 #findingthejoyineveryday #joyfuljourney
 #beingthankful #journeytohappiness
 #donttakelifeforgranted #whatareyouthankfulfor
 #thankfulquotes #gratefulhearts
 #happinessisthekey #gratefullife #findthejoy
 #gratitudeisthebestattitude #meaningfullife
 #bethankfuleveryday #yourbestlife
 #gratefulforlife #blessedbeyondwords
 #thankfulandblessed #gratitudedaily
 #findyourjoy #createyourownhappiness

#feelingthankful #dailygratitude #findjoy #blessingsonblessings #gratitudeattitude #blessedandgrateful



WWW.GRATEFUL.ORG

Wednesday: Honor Roll

#GratefulLiving is a global nonprofit organization offering #online & #community-based educational programs & practices. Our offerings catalyze the transformative power of personal & societal responsibility. #CommunityService

@GratefulnessOrg

<https://grateful.org/>

#DavidSteindlRast #joyfuljourney#gratefulforthislife
#findingthejoyineveryday #joyfuljourney
#beingthankful #journeytohappiness
#donttakelifeforgranted #whatareyouthankfulfor
#thankfulquotes #gratefulhearts #happinessisthekey

#gratefullife #findthejoy #gratitudeisthebestattitude #meaningfullife #bethankfuleveryday #yourbestlife
#gratefulforlife #blessedbeyondwords #thankfulandblessed #gratitudedaily #findyourjoy
#createyourownhappiness #feelingthankful #dailygratitude #findjoy #blessingsonblessings
#gratitudeattitude #blessedandgrateful



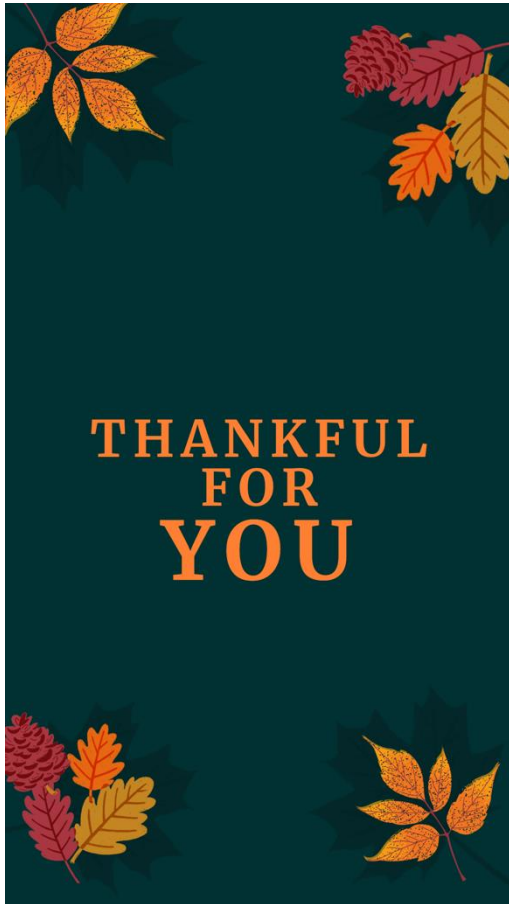
Wednesday: Thich Nhat Hanh Quote

Thich Nhat Hanh, the Buddhist monk, the "father of mindfulness", and peace activist inspired millions with his walking meditations. This Thanksgiving can you take time for a mindful walk to thank our planet?

@thichhathanh

#Thichhathanh #joyfuljourney#gratefulforthislife
#findingthejoyineveryday #joyfuljourney
#beingthankful #journeytohappiness
#donttakelifeforgranted #whatareyouthankfulfor
#thankfulquotes #gratefulhearts #happinessisthekey
#gratefullife #findthejoy #gratitudeisthebestattitude
#meaningfullife #bethankfuleveryday #yourbestlife
#gratefulforlife #blessedbeyondwords
#thankfulandblessed #gratitudedaily #findyourjoy

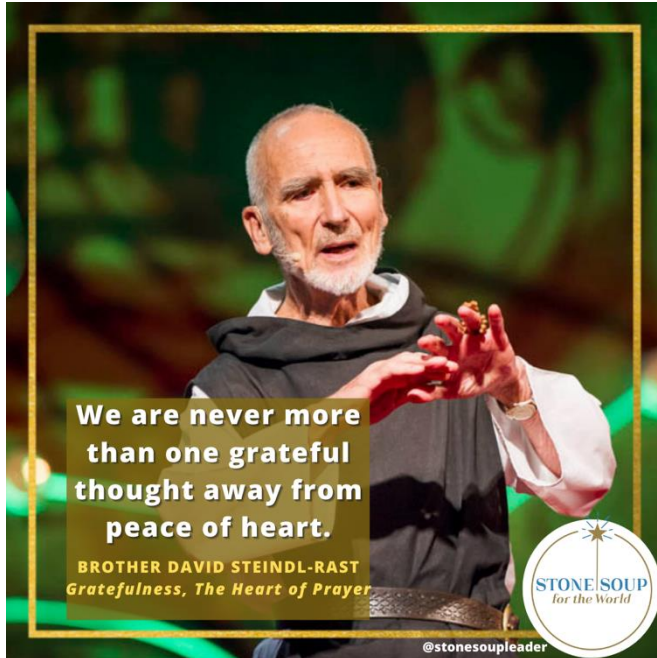
#createyourownhappiness #feelingthankful #dailygratitude #findjoy #blessingsonblessings
#gratitudeattitude #blessedandgrateful



Thursday: Thanksgiving Day (Video)

From ancient times all peoples have practiced setting aside special times to express #gratitude for their #blessings. Today is one such day. Be #grateful! Express #gratitude!

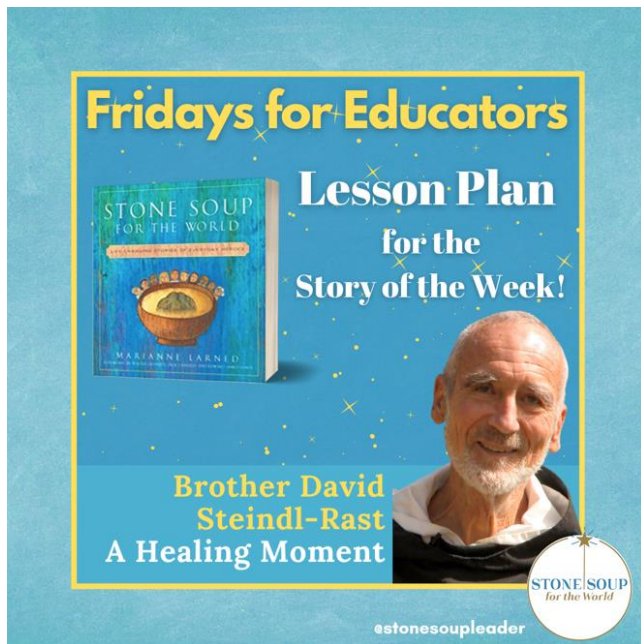
#DavidSteindlRast #joyfuljourney#gratefulforthislife
 #findingthejoyineveryday #joyfuljourney #beingthankful
 #journeytohappiness #donttakelifeforganted
 #whatareyouthankfulfor #thankfulquotes #gratefulhearts
 #happinessisthekey #gratefullife #findthejoy
 #gratitudeisthebestattitude #meaningfullife
 #bethankfuleveryday #yourbestlife #gratefulforlife
 #blessedbeyondwords #thankfulandblessed #gratitudedaily
 #findyourjoy #createyourownhappiness #feelingthankful
 #dailygratitude #findjoy #blessingsonblessings
 #gratitudeattitude #blessedandgrateful



Thursday: Quote

@GratefulnessOrg

#DavidSteindlRast
 #joyfuljourney#gratefulforthislife
 #findingthejoyineveryday #joyfuljourney
 #beingthankful #journeytohappiness
 #donttakelifeforganted
 #whatareyouthankfulfor #thankfulquotes
 #gratefulhearts #happinessisthekey
 #gratefullife #findthejoy
 #gratitudeisthebestattitude #meaningfullife
 #bethankfuleveryday #yourbestlife
 #gratefulforlife #blessedbeyondwords
 #thankfulandblessed #gratitudedaily
 #findyourjoy #createyourownhappiness
 #feelingthankful #dailygratitude #findjoy
 #blessingsonblessings #gratitudeattitude
 #blessedandgrateful



Friday: Lesson Plan

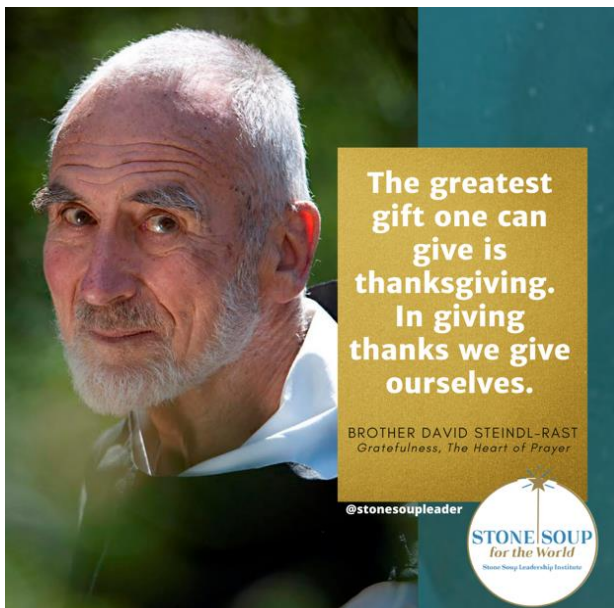
EDUCATORS This FREE #LessonPlan has ideas for how you can bring #GratefulLiving into your classroom with #LanguageArts, #SocialStudies & #CommunityService projects focusing on #peacebuilding, #community.

<https://stonesoupleadership.org/wp-content/uploads/2021/11/lesson-plan-brother-steindl-rast.pdf>

@GratefulnessOrg

#DavidSteindlRast #whatareyouthankfulfor #thankfulquotes #gratefulhearts #happinessthekey #gratefullife #findthejoy #gratitudeisthebestattitude #meaningfullife #bethankfuleveryday #yourbestlife #gratefulforlife #blessedbeyondwords #thankfulandblessed #gratitutedaily

#findyourjoy #createyourownhappiness #feelingthankful #dailygratitude #findjoy #blessingsonblessings #gratitudeattitude #blessedandgrateful



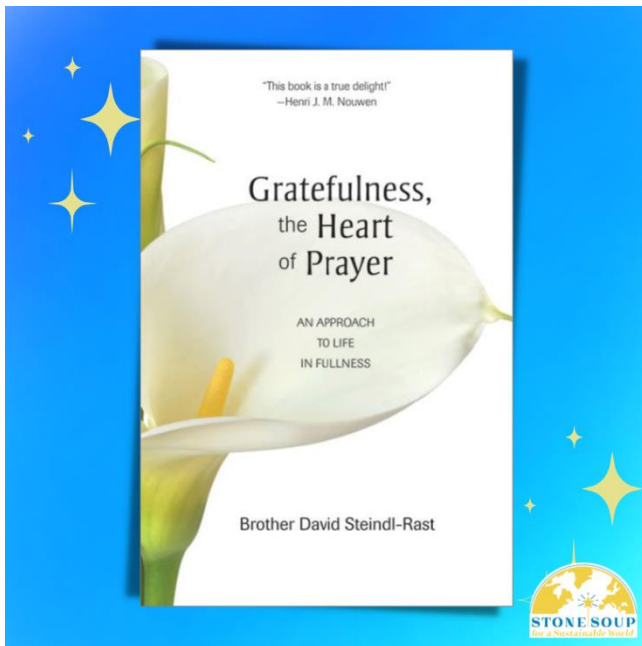
Friday:

“Joy is the happiness that does not depend on what happens. It is the #grateful response to the opportunity that life offers you at this moment.” Brother #DavidSteindlRast

@GratefulnessOrg

##DavidSteindlRast #joyfuljourney#gratefulforthislife #findingthejoyineveryday #joyfuljourney #beingthankful #journeytohappiness #donttakelifeforganted #whatareyouthankfulfor #thankfulquotes #gratefulhearts #happinessthekey #gratefullife #findthejoy #gratitudeisthebestattitude #meaningfullife #bethankfuleveryday #yourbestlife #gratefulforlife #blessedbeyondwords

#thankfulandblessed #gratitutedaily #findyourjoy #createyourownhappiness #feelingthankful #dailygratitude #findjoy #blessingsonblessings #gratitudeattitude #blessedandgrateful



Friday: Gratefulness, The Heart of Prayer – Book for adults

A great #gift for someone special - #DavidSteindlRast's #book on #Gratefulness, the #Heart of #Prayer.

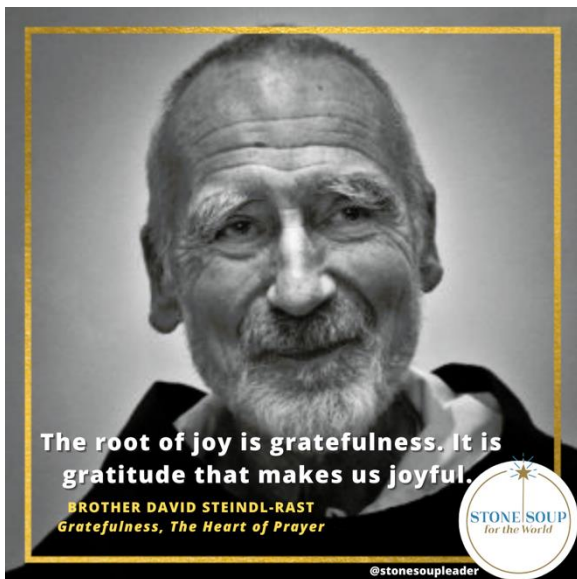
<https://bookshop.org/p/books/gratefulness-the-heart-of-prayer-an-approach-to-life-in-fullness-david-steindl-rast/10144883?can=9780809126286>

#SmallBusinessSaturday

@GratefulnessOrg

#DavidSteindlRast #joyfuljourney #gratefulforthislife #findingthejoyineveryday #joyfuljourney #beingthankful #journeytohappiness #donttakelifeformgranted #whatareyouthankfulfor #thankfulquotes

#gratefulhearts #happinessisthekey #gratefullife #findthejoy #gratitudeisthebestattitude #meaningfullife #bethankfuleveryday #yourbestlife #gratefulforlife #blessedbeyondwords #thankfulandblessed #gratitutedaily #findyourjoy #createyourownhappiness #feelingthankful #dailygratitude #findjoy #blessingsonblessings #gratitudeattitude #blessedandgrateful



Saturday: Gratefulness, The Heart of Prayer – Book

@GratefulnessOrg

#DavidSteindlRast #gratefulforthislife #findingthejoyineveryday #joyfuljourney #beingthankful #journeytohappiness #donttakelifeformgranted #whatareyouthankfulfor #thankfulquotes #gratefulhearts #happinessisthekey #gratefullife #findthejoy #gratitudeisthebestattitude #meaningfullife #bethankfuleveryday #yourbestlife #gratefulforlife #blessedbeyondwords #thankfulandblessed #gratitutedaily #findyourjoy #createyourownhappiness #feelingthankful #dailygratitude #findjoy #blessingsonblessings #gratitudeattitude #blessedandgrateful



LIFE POSITIVE



The Indian EXPRESS

David Steindl-Rast's life changing talk on the art of gratefulness

To practise gratefulness, we must comprehend that every moment given to us is a gift

Saturday: Press

WATCH this TED video with Brother David on gratefulness, happiness, and on taking the time to slow down.

@GratefulnessOrg

#DavidSteindlRast#joyfuljourney
#gratefulforthislife #findingthejoyineveryday
#joyfuljourney #beingthankful #journeytohappiness
#donttakelifeforgranted #whatareyouthankfulfor
#thankfulquotes #gratefulhearts
#happinessisthekey #gratefullife #findthejoy
#gratitudeisthebestattitude #meaningfullife
#bethankfuleveryday #yourbestlife #gratefulforlife
#blessedbeyondwords #thankfulandblessed
#gratitudedaily #findyourjoy
#createyourownhappiness #feelingthankful

#dailygratitude #findjoy #blessingsonblessings #gratitudeattitude #blessedandgrateful

<https://indianexpress.com/article/lifestyle/life-positive/david-steindl-rast-life-changing-talk-art-of-gratefulness-life-positive-7513173/>

Stone Soup Leadership Institute
www.stonesoupleadership.org