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☀ Values

- Humility
- Love for Others
- Deep Faith
- Dedication
- Patience
- Social Emotional Learning

☀ Reflection Questions

What inspires you most about Mother Teresa?

Have you ever written a letter to ask a powerful person to do something?

If you were the most powerful person in the world, what good deeds would you do?

☀ Lessons Learned

Caring for millions of people happens one person at a time.

People who selflessly help others often gain the power and influence to do greater deeds.

Writing a letter to the right person can change the world.

Asking for Help

Mother Teresa
Calcutta, India

Mother Teresa was one of the most beloved and admired women of her time. Her selfless, ceaseless efforts on behalf of the poor, sick and hungry gained her the respect of leaders around the world. In this story, we learn when she wrote a simple letter asking President Regan to help with the famine in Ethiopia; he took immediate action, sending food and medicine. When someone commented that, she was the most powerful woman in the world. She replied with a smile, "I wish I were. Then I would bring peace to the whole world."

☀ Language Arts: SEL & Diversity

Read a book by Mother Teresa and write a report on her message of unconditional love. Watch the video on Mother Teresa's life journey from Agnes Gonxha Bojaxhiu to India.

☀ Social Studies: Diversity

Locate Calcutta, India on a map. How far is it from your town? What is the population? What percentage of residents are under 15 years old. What is their life expectancy? Learn about the 1981 famine in Ethiopia. What were the forces that contributed to this tragedy? How can this tragedy be prevented in the future? How did Mother Teresa's letter to President Reagan help people in Ethiopia? How has Ethiopia changed since 1981? In what ways has it improved. What problems are they facing today? Mother Teresa has been called a modern-day saint. Research the process of becoming canonized by the Catholic Church. How long it takes?

☀ Community Service: Service Learning

Join Mother Teresa's "revolution of the heart" by caring for the poor in your community. Arrange a class trip to visit people who are feeling sick, sad or lonely. Bring them your caring along with a few treats. Arrange for a free jacket and boot swap in your school, church or at the police department. Make a donation from your allowance to Missionaries of Charity to help continue Mother Teresa's work around the world.

